



HAMPSHIRE AND  
ISLE OF WIGHT  
AIR AMBULANCE

## A-Z FUNDRAISING IDEAS

Here are some ideas to help you reach your fundraising goal. Contact us for further support and materials, such as posters and collection buckets.



### A

- Abseil
- Afternoon Tea
- Aluminium recycling
- Art exhibition
- Arts and craft stall

### B

- Bike ride
- Book sale
- Brew for the Crew
- Bucket collection
- Bingo night

### C

- Cake sale
- Car boot sale
- Car wash
- CPR-a-thon
- Cricket match

### D

- Dance-a-thon
- Dash in the Dark
- Darts tournament
- Disco
- Dog show



Our life-saving service is operational **365 days a year**, both day and night



### E

- Easter Egg hunt
- Eating competition
- Egg & Spoon race
- Equestrian show

### F

- Facebook Fundraiser
- Fancy dress
- Fashion show
- Fire walk
- Football tournament

### G

- Gift in Will
- Games night
- Garden party
- Golf day
- Guess the Mascot

### YOU'RE A LIFE-SAVER

“We are so grateful to all of our generous supporters, without whom our service would not exist, and we would not be able to improve the outcomes of people’s lives in the way that we do.”

Michael Bradfield, Paramedic Clinical Lead

### H

- Halloween party
- Head shave
- Hockey match
- Hook-a-duck
- Hula hooping

### I

- Ice skating party
- International food party
- Information event

### J

- Jail & Bail
- Jam making
- Jewellery making
- Juggling contest
- Jumble sale

### K

- Karaoke
- Kayaking
- Kite flying
- Knitted goods sale



### L

- Left handed day
- Litter pick
- Livestream
- Look-a-like Competition

### M

- Make Plenty from Twenty
- Marathon
- Miles for Missions
- Murder Mystery
- Music concert

### N

- Nature trail
- Night walk
- Non-uniform day

### O

- Obstacle course
- Odd job day
- One day silence



It costs approximately **£15,000** a day to keep our vital service operational

### P

- Paintballing
- Pancake race
- Pay day lottery
- Plant sale
- Pyjama party

### Q

- Quidditch tournament
- Quiz

### R

- Regular Giving
- Raffle
- Ramble
- Recycle clothing
- Relay race

### S

- Scavenger hunt
- Silent auction
- Skydive
- Sports day
- Sweepstake

### T

- The Hustle
- Talent show
- Ten pin bowling
- Tombola
- Treasure hunt



### U

- Ultra challenge
- Unplug from tech
- Unwanted presents

### V

- Volleyball tournament
- Vintage show
- Variety show

### W

- Waxing
- Wedding gifts
- Welly throwing
- Wheelbarrow race

### A LIFE SAVED

“I will forever be grateful they were there in our time of need, and this is my way to give something back. **Every penny helps.** And you never know when you might need the Air Ambulance.”

Emma, Cardiac Arrest patient, Southampton

### X

- Xbox/PlayStation/console game marathon

### Y

- Yoga Marathon
- Yellow day

### Z

- Zero waste day
- Zip wire
- Zumba