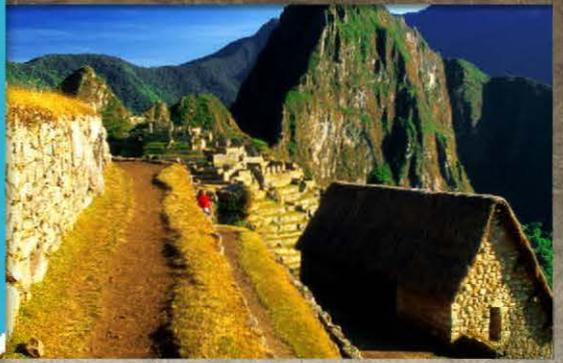
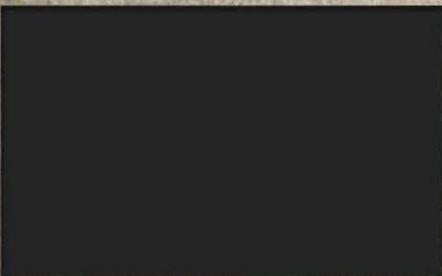




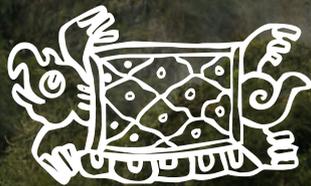
really
wild
CHALLENGES



CHALLENGE
INFO
PACK



MACHU PICCHU INTRODUCTION





CHALLENGE OVERVIEW

Follow in the footsteps of the Spanish Conquistadors and early 20th Century explorers as you cross the high Peruvian Andes in search of Machu Picchu, the Lost City of the Inca. The trek route departs from the bustling colonial mountain town of Cusco and winds its way through breathtaking mountain passes, past sacred mountains and on through humid jungle trails to reach the fabled ruins of Machu Picchu.

GRADING.

Tough! This is a multi-day trek through diverse ecosystems and altitudes. The mountain passes are steep and high (over 4000m) and there are several hours of trekking a day so you will need to be in good physical shape to complete this challenge

TRIP DURATION.

11 days in total with 6 days of trekking (trip extensions are available)

ACCOMMODATION.

You will be accommodated in friendly hostels, simple hotels and tents during the trekking days.

AVAILABILITY.

Departures are available throughout June, July, August and September.

22
THOUSAND

The second highest mountain range in the world runs through Peru. These peaks, called the Andes. They run from north to south and can be seen from Peru's beaches 50 miles (80 kilometers) to the west. The highest peak, Mount Huascarán, is 22,205 feet (6,768 meters) high.

288

Aguas Calientes

Machu Picchu

288

Ollantaytambo

Santuario
Historico
Machu Picchu

Nevado
Salcantay

MACHU PICCHU ROUTE KEY



3S

PERU TREK
ROUTE

MACHU PICCHU

TRAIL MAP

Urubamba

Calca

Chinchoero

Pisac

Cusco





MACHU PICCHU ITINERARY



VISA-VISA



MACHU PICCHU ITINERARY

11th May: DEPARTURE

You will depart from the UK on a long haul flight to Cuzco with one stop at least.

12th May: ARRIVAL AND ORIENTATION

You will be met in Cuzco on arrival by a local Really Wild Rep and then transferred to your hotel. There will be a short challenge briefing and the afternoon is free to spend as you wish to acclimatise to your new altitude of 3400m. Dinner is provided and you will overnight in shared hotel accommodation.

Dinner included

13th May: TREK DAY ONE

Today is an acclimatisation day in Cuzco. There is an optional walking tour of the city (additional cost) and in the afternoon, an optional tour to the Sacred Valley (additional cost). Dinner will be provided and you will overnight in shared hotel accommodation.

Breakfast and dinner included

14th May: TREK DAY TWO

There will be a very early pick up this morning from your hotel as you depart for Marcojasa; a 4-hour drive. You will start your hike from here following the path along the aqueduct to Soraypampa with a picnic lunch en-route. Depending on the pace of your group, you will arrive into your campsite at Soraypampa in the late afternoon. Here you will have dinner and overnight in tented accommodation.

Breakfast, lunch and dinner included

15th May: TREK DAY THREE

Today is an acclimatisation day. You will ascend from your campsite in Soraypampa (3760m) to one of the most beautiful lakes in the region at the base of the Humantay glacier (4200m). You will descend back to your campsite for lunch before a 2-hour trek to Salktantaypampa. Dinner and overnight in in tented accommodation.

Breakfast, lunch and dinner included

100 YEARS

One plant that grows in the Andes, the puya raimondi, grows for a hundred years before blooming.

250 ACRES

A 250-acre (100-hectare) plot of Peruvian rain forest is home to more than 6,000 kinds of plants!

16th May: TREK DAY FOUR

After breakfast, you will depart on a long and tough ascent towards the Salkantay Mountain Pass at an altitude of 4650m. The views as you walk will be spectacular, with the looming hulk of the sacred mountain Nevado Salkantay dominating the glaciated valley through which you will pass. Lunch will be taken just after the highpoint of the pass before you make a slow descent to Collpapampa, arriving mid-afternoon. Dinner and overnight in tented accommodation at Collpapampa.

Breakfast, lunch and dinner included

17th May: TREK DAY FIVE

After breakfast, you will continue down the Santa Teresa Valley, taking your lunch at Lucmabamba. After lunch, it is a steep 4-hour ascent to your campsite at Lucma. From here, you will have fantastic views over Peru's coffee plantations and fruit trees. Dinner and overnight in tented accommodation at Lucma.

Breakfast, lunch and dinner included

18th May: TREK DAY SIX

After breakfast, we will descend into the Aobamba valley. From here, it is a short hike up to the hydroelectric plant where you will sign-in to Machu Picchu National Park. You will trek along the rail tracks through semi-jungle, following this route for around 3-hours, with a picnic lunch along the way. You will arrive into Aguas Calientes, the town at the base of Machu Picchu, in the early afternoon and check into your hostel. Dinner and overnight in shared accommodation.

Breakfast, lunch and dinner included





MACHU PICCHU FAQ'S



MACHU PICCHU FAQ'S

HOW MUCH MONEY DO I HAVE TO RAISE?

Please visit our website for details.

HOW MUCH OF THIS MONEY GOES TO THE CHARITY?

Our challenges are typically run on a 50:50 minimum ratio. This means that, of the money you raise, at least half goes to furthering the vital work of the charity and the remaining money is used to cover the cost of your trip.

IS THIS CHALLENGE SAFE?

All of our challenge events involve an element of risk (that's part of what makes them challenges!) but we work closely with our partners in Peru to ensure that your trip is memorable for all the right reasons! We risk assess all our trips and we comply to BS8848 British Standard.

WHO WILL I BE TRAVELLING WITH?

You will be travelling with your best friends (you just haven't met some of them yet!). Group sizes vary, but typically there will be 12-20 fellow participants on your trip.

WHO WILL BE LOOKING AFTER US IN PERU?

We use only the best English-speaking guides who have years of experience of guiding in this region. They will not only be there to ensure that you are healthy, safe and well looked after – they will also be more than happy to give you a real insight to the culture and traditions of Peru.

WILL I GET SUPPORT FROM THE CHARITY FOR MY FUNDRAISING?

Absolutely! Whilst it is your responsibility to reach your fundraising target, all our partner charities have staff dedicated to supporting participants taking part in Really Wild events like these.

CAN I EXTEND MY STAY IN PERU?

Yes, many of our departure dates allow participants to stay on as a group after the trek has finished and explore the highlights of Peru.

WHAT WILL THE WEATHER BE LIKE?

Weather during the trek itself can be unpredictable as you will be passing through a major mountain range. Generally though, the weather in Peru during June through to September is warm and dry.

DO I HAVE TO SPEAK SPANISH TO ENJOY THIS TRIP?

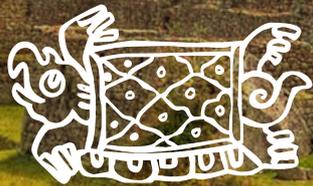
No! All our staff in Peru speak fluent English and you will find that whilst leaning a bit of Spanish is greatly appreciated and very useful, English is widely spoken and understood.

15 THOUSAND

Peru is one of the oldest countries in the world, it has fostered human habitation for more than 15,000 years.



MACHU PICCHU INCLUSIONS



MACHU PICCHU INCLUSIONS

WHAT'S INCLUDED...

- International flights
- All meals mentioned and three meals a day during the hike
- All relevant transfers
- All relevant accommodation
- All national park fees, entrance fees, taxes, permits and vehicle entrance fees to all national parks as applicable to the above itinerary
- Aguas Calientes hot springs
- Services of professional English speaking guides at all times
- Safe drinking water during the hike
- 24/7 support and emergency line available throughout the itinerary
- Equipment Hire facilities
- All camping equipment required on the trek (exc. sleeping bags/mattresses)
- Porter Service – you will only need to carry day packs whilst on the trek

WHAT'S NOT INCLUDED...

- Evacuation - in event of serious medical injury we will coordinate with your travel insurance company to arrange evacuation
- Meals and drinks other than those mentioned
- Tips and gratuities
- Optional excursions
- Bus from Machu Picchu National Park to Aguas Calientes
- Items of a personal nature such as souvenirs and telephone calls
- Country visa (if applicable)
- Travel insurance
- Vaccinations
- Personal camping equipment such as sleeping bag and mattress

10 PERCENT

10% of the world's
known species live in
the rainforest.



MACHU PICCHU OPTIONAL EXCURSIONS

What about making the most of your time in Peru? After completing such a tough challenge, you might decide to put your feet up for a little while and explore some of the amazing wonders that this country has to offer. Here are just a few of examples of how you could choose to finish off your challenge.

Lake Titicaca

Located between Bolivia and Peru, Lake Titicaca is one of the most fascinating lakes in the world. It is situated at a very high altitude, at over 3800 meters above sea level and a tour of Titicaca is definitely an unforgettable experience for any visitor. It is the largest freshwater lake in South America and the highest of the world's large lakes. Titicaca is one of less than twenty ancient lakes on earth and is thought to be 3 million years old.

Arequipa

This is Peru's second largest city; just one tenth the size of its capital, Lima. What makes this city so unique is the three dramatic volcanoes that dominate its skyline. It hosts a wonderful array of baroque-mestizo buildings grafted out of the local white sillar rock. In 2000, the city earned a well-deserved Unesco World Heritage listing. The sight of the gigantic cathedral with the ethereal image of 5825m El Misti rising behind it, is worth a visit alone.

Colca Canyon

Colca Canyon is a canyon of the Colca River in Southern Peru. With a depth of 4,160m, it is more than twice as deep as the Grand Canyon. It hosts some of the finest examples of pre-Inca terracing in Peru. Complimented by craggy mountains, huge herds of llamas and traditionally dressed Andean peasants, it is a sight not to be missed. What brings increasingly more visitors each year, in addition to the awesome sights, are the Andean condors. The condor population of South America is unfortunately dwindling but here in Colca Canyon visitors can see them at fairly close range as they float on the rising thermals.

Amazon Rainforest

Our excursion takes us to the lesser known area of the Manu National Park. This area of the Amazon Rainforest is relatively untouched by human and is home to incredible animals, such as Spider Monkeys, Giant Otters, Night Monkeys, Tapirs, Black Caiman, Jaguars and many others. The National Park has over 1000 recorded species of birds and the park ranges from over 4000m above sea level to just 300m in the lowland forest areas.

Here at Really Wild Challenges we have devised some trip extensions that, we believe, will cater to every taste. Our range of extensions will be available to book 6-months in advance of departure so we will be in touch with you closer to the time to tell you more.

*please note that all trip extensions are subject to availability

*Rainforest
Manu National
Park*

